



Sixth Issue Released Worldwide

*“Now here’s a vegan magazine I can get behind!”
- Quarrygirl (www.quarrygirl.com)*

Independent vegan publication T.O.F.U. Magazine is back with another issue full of articles, recipes, and other contributions from people around the world.

In an effort to become more inclusive of the whole vegan community, the magazine is focusing on the diversity within the movement. With this in mind, the most recent issue covers the intersection of veganism with forms of oppression such as racism and homophobia, as well as other relatively controversial topics surrounding a plant-based lifestyle.

Highlights include an interview with Jasmin Singer (*Our Hen House*), articles from Dan Hanley (*The Gay Vegans*) and Leigh-Chantelle Koch (*Viva la Vegan!*), and recipes from Miss Savvy, Lindsay S. Nixon (*Happy Herbivore*), Miriam Sorrell (*Mouthwatering Vegan*), and more.

As well, T.O.F.U. has awarded the third T.O.F.U. grant to A. Breeze Harper, a PhD Candidate at the University of California, Berkeley. Begun as a way for the magazine to give back to the community that supports it, it is hoped that this grant money will aid Harper in her academic work focusing on intersections of critical food studies, critical race theory, and black feminist thought.

“A. Breeze Harper, author of *Sistah Vegan*, seemed like a natural choice,” said Kira Petersson-Martin, T.O.F.U. Magazine’s Creative Director, “She is a pioneer in the field of critical vegan studies, and her work on the intersections of social injustice (particularly racism) and veganism is both ground-breaking and vital to the movement.

Supporting people like Harper through the T.O.F.U. grant, showcasing the voices of vegans around the world, and promoting an alternative to those things that are proving harmful to the world has been the goal of T.O.F.U. since day one. Now, six issues later, it seems the magazine is almost there.

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